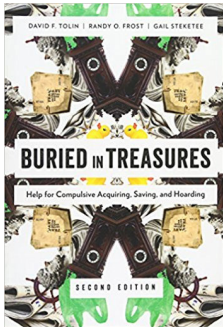


Buried in Treasures Workshop

Cape Cod Hoarding Task Force will be sponsoring a multi-week Buried in Treasures workshop. The group will meet in Provincetown but is open to any and all who are interested. The workshop is based on the book *Buried in Treasures: Help for Compulsive Acquiring, Saving and Hoarding* by David Tolin, Randy Frost and Gail Steketee. All who attend will:



- **Receive support from others**
- **Receive copy of the BIT book**
- **Develop strategies to de-clutter your home**
- **Change problematic acquiring and discarding behaviors**

Workshops are free and open to all. Registration is required for participation as space is limited.

Dates: Tuesdays, starting October 16, 2018

*please note that this is 14 session commitment.

Time: 1:30 - 3:30 PM

Location: Veterans Memorial Community Center,
2 Mayflower Street (off Winslow Street),
Provincetown, MA 02657

Facilitator: Carol Bishop, LICSW

To register contact: 508-487-7080

Sponsored by Cape Cod Hoarding Task Force and
Provincetown Council on Aging.