Have your belongings taken over your house, life and social calendar?

## **Peer Support Group for**

## **Compulsive Acquiring, Saving and Hoarding**

DAVID F. TOLIN | RANDY O. FROST | GAIL STEKETEE

BURIED IN TREASURES

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Help for Computaive Acquiring, Saving, and Hoarding

SECOND EDITION

14 Sessions (weekly on Mondays)\*

\*Starting September 10, 2018

Falmouth Human Services Office 65A Town Hall Square, Falmouth

Join this **FREE** peer support group, facilitated by Mark Abbott, LICSW, from Falmouth Human Services, based on the book *Buried in Treasures: Help for Compulsive Acquiring, Saving and Hoarding (Treatments that Work)* by David F. Tolin, Randy O. Frost and Gail Steketee.

## All who attend will:

- Increase insight and awareness into your own patterns of acquiring, saving & hoarding
- Receive support from others and your own copy of the book
- Develop strategies to de-clutter your home
- Change problematic acquiring and discarding behaviors

For information regarding or to register for the FALL 2018 GROUP call 508-548-0533

(Must pre-register space is limited)

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