



BURIED IN TREASURES

Help for Compulsive Acquiring, Saving, and Hoarding

There will be two support groups offered this fall in Provincetown and Harwich based on the book *Buried in Treasures: Help for Compulsive Acquiring, Saving and Hoarding* by David Tolin, Randy Frost and Gail Steketee.

All who attend will:

- Receive support from others and your own copy of the book
- Develop strategies to de-clutter your home
- Change problematic acquiring and discarding behaviors

Provincetown

Facilitator: Carol Bishop, LICSW

Dates: Tuesdays, starting
October 10, 2017 for ~20 weeks

Times: 2-4PM

Location: Provincetown Council
on Aging, 2 Mayflower Street

Contact: (508) 487-7080

Harwich

Facilitator: Kevin Grunwald

Dates: Wednesdays, starting
October 25, 2017 for ~20 weeks
until March 21, 2018

Times: 2-4PM

Location: Harwich Community
Center

Contact: (508) 430-7551

These groups are free but space is limited and registration is required for participation.

Sponsored by Cape Cod Hoarding Task Force.

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